

# Ben Mikic Foundation for Young Cyclists and The Outdoor Education Group



[www.oeg.net.au](http://www.oeg.net.au)

## Mountain Bike Training Camp



### A unique MTB Skills Based Training Experience April 12th & 13th 2010

#### Three Programs

**Level One:** those with minimal MTB experience who are keen to learn specialist skills. A good level of general fitness required

**Level Two:** those with some experience, very fit but have not yet had a lot of off road experience

**Level Three:** those with technically sound hard skills, off road experience and a high level of fitness

#### Venue

Biloela Outdoor Education Centre  
Southern Highlands, NSW

#### Cost

\$175 per rider inclusive of meals and accommodation

#### Accommodation

Eco-cabins  
(picture above)

#### How do I register?

[oeg.net.au](http://oeg.net.au)  
Or 02 4869 6700

Please see website for details

Websites: [benmikicfoundation.org.au](http://benmikicfoundation.org.au) and [oeg.net.au/bmf](http://oeg.net.au/bmf)

